

**Through your coverage with CVS/Caremark with CEBCO You have benefits that will assist you to Quit Smoking!!
These Medications have 0 co-pay for two (2) 90 day prescriptions**

- ❑ Nicotine Inhaler (***A nicotine inhaler is a cartridge attached to a mouthpiece. Inhaling through the mouthpiece delivers a specific amount of nicotine to the user.***) **First Line Nicotine Replacement Therapy (NRT)**
- ❑ Nicotine Nasal Spray (***Nicotine nasal spray is a pump bottle containing nicotine, which is inserted into the nose and sprayed. Nicotine nasal spray can be used for fast craving control, especially for heavy smokers.***) **First Line Nicotine Replacement Therapy (NRT)**
- ❑ Bupropion (***Known as ZYBAN, helps to reduce nicotine withdrawal symptoms and the urge to smoke. Bupropion can be used safely with nicotine replacement products.***) **First Line Medications**
- ❑ Varenicline (***Known as CHANTIX, a prescription medication that eases nicotine withdrawal symptoms and blocks the effects from cigarettes if the user starts smoking again.***) **First Line Medications**

**These Medications have a co-pay
Second Line Prescription Medications that have a Co-pay**

- ❖ **Nortriptyline** (***Known as AVENTYL is generally prescribed to treat depression, but it has been prescribed to assist with smoking cessation when a First Line Medication has not worked. The FDA has not approved the use of this medication for smoking cessation.***)
- ❖ **Clonidine** (***Known as CATAPRES is generally prescribed to treat high blood pressure. It has been known to reduce tobacco withdrawal symptoms when first line medications have not worked. The FDA has not approved the use of this medication for smoking cessation.***)

You will pay the full cost for these aides

Over the Counter NRT Products (Nicotine Replacement Therapy)

- ❖ **Nicotine Patches** (***The nicotine patch is placed on the skin and supplies a small and steady amount of nicotine to the body. Nicotine patches contain varied amounts of nicotine to the body. Nicotine patches contain varied amounts of nicotine -21mg, 14mg, or 7mg...for example...and the user reduces the dosage over time.***)
- ❖ **Nicotine Gum** (***Nicotine gum is chewed to release nicotine that is absorbed through the tissue inside the mouth. The user chews the gum until it produces a tingling sensation. Then the user places it between the cheek and gum tissue. Nicotine gum has varied amounts of nicotine...typically 2 mg or 4 mg. to allow users to reduce the amount of nicotine in their bodies.***)
- ❖ **Nicotine Lozenges** (***Nicotine Lozenges look like hard candy and are placed in the mouth to dissolve slowly. The nicotine lozenge ...typically a 2 mg or 4 mg dose of nicotine...releases nicotine slowly as it dissolves in the mouth.***)

